



Serving The Black and Caribbean Community For Over 39 Years

May 2002

It is with absolute pride that the Board of Directors, Membership and Staff look to-

ward August 06, 2002. Why? You may ask.

The Jamaican Canadian Association (JCA) will celebrate her 40th Anniversary of which we are all justly proud.

On that date in 1962, a number of Jamaicans decided that, being away from their homeland as she gained independence from Britain, should in no way prevent them from being able to participate. That said, they brainstormed, put heads and hearts together and called themselves, "The Jamaican Canadian Association", forever sharing their birthday with the birth of Jamaica as a nation. A wiser decision it could not have been.

With the actual blood, sweat, tears and finances of the founders, this Organization has moved from very humble beginnings to being the only Community Centre, owned by Jamaicans in the nation, offering Social Services, Educational and Culturally sensitive programs to people from the entire Caribbean, Africa and various other nations. Since then, the Organization has grown from renting halls for various functions and for office space from which the services were offered; (one of their first office location

...THE LONGEST JOURNEY BEGINS WITH THE FIRST STEP...

was on Lombard Street, above a Liquor Store, directly across from the Coroner's Office oh, the "duppy" stories they mu-st have shared), to being the owners of 3 different buildings. The last of which is now one of the most prestigious buildings in the City of Toronto, located at 995 Arrow Road. Some comments by visitors are emphatically stated as, "this is so impressive", "this is a diamond", "this is the best kept secret in the city". All true statements!

The JCA has been on the cutting edge of many programs and ideas with the sole intent of advocating for those who are unable to advocate for themselves. JCA has served people from around the world. As long as there is a need that has to be met, the JCA can be found, caring, sharing and serving. Many immigrants have been given the support they needed to set their feet firmly on the ground by the JCA. Serving people who have been marginalized for reasons as

country, speaking with an accent or just being black (now called "ethnic") has been one of the issues where JCA has had to literally "take the bull by the horns" in order to advocate for those who have been targets. We make no apologies

As we celebrate throughout this year, we urge you to stand with us. Our major

fundraiser for this year is really a drop in the bucket to those who believe in helping those who endeavour to help themselves. We have asked that each individual donate \$1.00 for each year of the

Association's existence a total of \$40.00, which we will direct solely to the mortgage payment. (We will gladly accept larger or smaller donations) "one, one cocoa full basket" has basically been the working theme of this building fund.

Thank you for your dedicated support and continue to "walk the million miles with us".

ANNUAL GENERAL MEETING

Sunday May 26, 2002 2:00 pm

Jamaican Canadian Centre 995 Arrow Road

For further information call JCA at (416) 746-5772

JCA's web page/address - Web Site: www.jcassoc.com • E-mail: info@jcassoc.com



995 Arrow Road North York, Ontario M9M 2Z5 Tel: (416) 746-5772 Fax: (416) 746-7035

Board of Directors:

Valarie Steele, President Claudette Cameron-Stewart, Vice-President Maxine Adams, Treasurer Errol Bonner, Acting Executive Director Hector Grav. Executive Secretary Pauline Reid, Membership Chair Michelle Blake, Public Relations Chair Barbara Thomas, Fundraising Chair Leon Sutherland, Building Chair Barrington Morrison, Education Chair Pam Powell, Women's Committee Representative Patrick Chambers, Youth Committee Chair Ruth Morris, Seniors Group Representative

Editorial Committee

Eunice Graham, Adaoma Patterson, Monica Mitchell, Carol Plunkett, Buelah Campbell, Claudette Cameron-Stewart, Gerald Paul, Michelle Blake

Newsletter Layout/Printing Tekno Printing & Grafix

Letters and submissions welcome. The Editorial Committee reserves the right to edit materials for length.

TO THE EDITOR

DOES ANYONE KNOW HER??????

Dear Editor:

I have an important request for the members of the Jamaican Canadian Association.

I am searching for a birth relative, PATSY CAMERON, or any of her relatives. If any of the members of the JCA is a relative or if Patsy

herself is a member, please contact me, Alan Smith at (519) 837-2813).

Yours truly.

Alan Smith

Editor's Note: JCA does not forward information to anyone on any of its members. If you are aware of this individual and wish to contact the above writer, please do so at your own will.

EDITORIAL

By Michelle Blake

Since our last issue, the Car Raffle was launched, we held our second hugely successful forum on Reparations, and celebrated International Women's Day to name a few. The JCA has been quite busy to say the least and continues to be at the forefront of community building events. We thrive on social consciousness and togetherness.

With the upcoming AGM, some positions on the board are up for election. One such committee is the Youth Committee Chair an extremely important and necessary position. The Youth Committee is involved in the continued growth of the Organization and pursues constant betterment of young men and women through the planning and execution of various activities like job skills seminars, career fairs, cultural shows and sports clinics. So if you desire to be a role model, or you know anyone who would be interested in leading the Youth Committee as a role model, please contact the JCA at 416-746-5772 and ask for elections information. A Special thank you to Patrick Chambers who led the youth committee for the past 2 years and is now running for Education Chair.

By the time the next issue of In Focus hits the newsstands summer will be in full swing. We encourage you to come out to many of our upcoming events like the Annual Walkathon, Mothers Day Brunch, JCA Annual Picaic, the Flag Raising Ceremony, Church Service and the Golf Tournament. However, one of the most important events will be the official 40th anniversary celebration Dinner Gala to be held on Saturday, August 10, 2002. You must get your dancing shoes ready for an exceptional night of food, great music, and special guest speakers. Tickets for this highly anticipated gala go on sale in June or for more information, call the JCA at 416-746-5772. This is guaranteed to be a sold out event. Until the next issue we wish you a

safe and enjoyable summer.

versary year. We continue to press

full steam ahead with fund-raising

efforts to help pay off our mortgage.

The \$1.00 per year request (total

\$40.00) per member, which was sent

to all members and friends in January

as a 40th anniversary fundraiser has

been an enormous success, so far. We

have raised close to \$10,000. This is

still a far way from the \$40,000 we

would like to receive, with every

penny slated to go towards reducing

the mortgage. If you wish to make a

donation it would be greatly app-

reciated as every penny counts. We

will graciously accept gifts larger or

smaller than \$40.00. Contact the

centre for more information at 416-

746-5772. Remember it is tax de-

ductible.

As the elections are fast approaching, we ask you to read our elections section to get an idea of who is running for the different positions. Remember, you must be a fully paid up member of the Association to be able to vote. The JCA continues its celebrations during this our 40th anni-

As I come to the end of one year at the elm of JCA, allow me to reminisce for a short while. What a year! This has surely been a challenging year for me personally and our community as a whole. Thank you for the opp-JCA and advocate on behalf of our community.

When I stepped in to finish the final vear of a two-vear term, it was very clear to me that while challenges were there, the teams that were still in place had kept JCA moving forward over the years. THANK YOU to all of our volunteers for the tremendous amount of work that you do to keep us on track. Thank you for realizing that the JCA as it stands is larger than any one person and it is that realization that enables our teams to work so well over the past year.

While we have a lot to be thankful for, we have to journey on. There are many things to be done and although some of the issues are not for the faint

By Valarie Steele

Education, housing, policing, immigration, equity, etc. etc. are still on the agenda. These are all issues that continue to impact our community and paying attention to them is ongoing.

newsletter, we would have already had our 3rd Reparations Lecture: The ngth has been reinforced, my hopes Prison Industrial Complex: The cri-renewed and my fires rekindled. minalization of a Race, May 3, 2002. ortunity to extend myself, serve the I hope you have been learning along A special Thank You to the Board of with me as these important lectures Directors with whom I have worktake place. I promised that you would be educated on issues that negatively impact our lives and we are doing these lectures to help you focus your attention on some of the issues that To our newer members, we need we must pay attention to. We must remember; we must learn from it and we must stand up and ensure that we are fairly treated. It might be hard for some to hear us say it but it is much harder for us to live with it. It is our responsibility to look out for our interest.

> Young people these days are very impatient and our young people are no exception. We have to continue to work smart, leave paths for them to follow and encourage them to continue the struggle. We must hold

of heart, they have to be addressed. their hands literally and figuratively so that they can find their way. They are our future and looking after them is our duty.

Thank you for your support over the past year. I have enjoyed the challenges; the testing of my faith has By the time you receive this produced more patience and the education has been superb. My stre-

> ed so closely. Your help has been invaluable and your dedication to the JCA admirable. THANK YOU.

> you to become active volunteers. Whatever time you can give to us will be greatly appreciated. The JCA has enjoyed 40 years of dedicated service from our long standing membership but, they are getting tired and we are hoping that you will step forward and give us the assistance we need to continue working on behalf of our community.



Volunteers are needed Jamaican Canadian Association (JCA) Centre

To establish a Scout Movement. The Scout Movement will provide stimulating indoor and outdoor programs for young people from 5-26 years. Scouts Canada and members of the Canadian Armed Forces will provide the necessary training and guidance in operating the group. For further information, please contact

BARRY MORRISON at the JCA. 416-746-5772

Election Candidates

President

Nominee: Valarie Steele, President; Vice President 1999/2000

forward to continue as President of the JCA for a two-year mandate. The past year has been both challenging and rewarding but the work I started has not been complete. I have:

• Excellent knowledge of com- In addition to my volunteer work munity and its needs

• Strong commitment to access, equity and Community development

I am once again putting my name • Several years of volunteer work in the community addressing varying

> · Excellent knowledge of JCA's infrastructure

With JCA, I am:

Chair, 13 Division Community Liaison Police Committee (CPLC)

School Advisory Councils, elementary/secondary schools

Executive, York Children's Carnival Committee

Bachelor of Arts: Management Certificate Entrepreneur/ several years of business experience HR/Recruitin/Business Management

I have a wealth of experience and I am pleased to share it with my community.

Thank you for your support.

Valarie Steele

Education Chair

Nominee: Barrington A Morrison, Education Chair for JCA since 1998

Education

Bachelor of Education York University, Toronto Bachelor of Arts (Hons) York University, Toronto

Additional Qualifications

Specialist, Special Education (Learning Disabilities Advanced) Basic (Senior Division), Individual and Society Specialist, Reading

Work Experience

Elia Middle School 1999- present Convener, Grade 8 Grade 8 Core (Teacher) Grade 8 Special Education (Teacher)

Community Activities

Member, Board of Directors, Jamaican Canadian Association 1998present

Member, Board of Directors, Jane-Finch Adult Education training Centre, 1997-1998

Continued on Page 8

Membership Services

submitted by Pauline Reid, Membership Chair

WELCOME TO ALL NEW MEMBERS. Please jump in with both feet and share your expertise and knowledge wherever you are most comfortable. As the Association con-tinues to grow and as the community continues to have varying needs, your knowledge and moving forward. This is indeed a great time to become en-joined after all, we are 40 years old, and we look forward to another 40, with you being a part of it all!

As we look forward to our Annual General Meeting in May 2002, it was very heartwarming to see the keen interest shown by our members as everyone made it a priority to renew their membership. There was an unprecedented response to renewals as well as to new members. A big thank you to all members who took the time to forward renewals. This was truly gratifying. The Board of Directors would like to thank you all for your continued support and your dedication to the Association.

Picnic - The JCA's annual Picnic will take place on Sunday, July 14, 2002 at Niagara Glen, Niagara Falls. Tickets will be on sale from May 01, 2002 to June 22, 2002 and will cost \$25.00 for adults/seniors and \$10.00 for children 12 years and under.

Flag Raising - The Annual Flag Raising ceremony will be very special this year commemorating 40 years of Jamaican Independence. This ceremony will be held on Sunday, August 4, 2002 at 2:00 P.M. at Toronto City Hall. We encourage all members to come out and show

your pride and support for our homeland as she marks this great milestone.

Thanksgiving Service Following the Flag Raising ceremony, the Annual Independence Thanksgiving Service will be held at the Jamaican Canadian fresh spirit will help us to continue Centre, 995 Arrow Road. This is scheduled to start at 4:00 p.m. Please come early, so that you can get good

> Membership Drive Month The Membership Committee will be holding its annual Membership Drive Month during September 2002. The Committee will be setting up booths in local malls and is appealing for help to staff the booths for just a few hours per day. Please call the JCA at 416-746-5772 and leave a message at ext. 249.

Membership Cards If you have not received your membership card, don't panic, they will be issued at the door at the Annual General Meeting on May 26, 2002.



DID YOU KNOW THAT 2002 IS THE

Stay tuned for

details on celebrations

throughout 2002

THE JCA RAFFLE IS BACK IN 2002 MARK THESE DATES ON YOUR CALENDAR RAFFLE LAUNCH FRIDAY, MARCH 1, 2002 RAFFLE DRAW SATURDAY, SEPTEMBER 7, 2002



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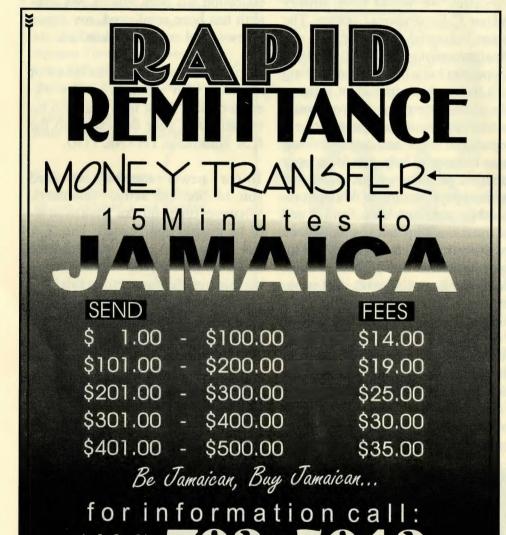
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SENS SPACE "Persons".

The Women's Committee of the Jamaican Canadian Association (JCA) continues to meet its mandate and objectives in addressing issues impacting the lives of women's.

The Committee continues to submit articles on women's issues in the "Women's Space" of the JCA In Focus newsletter. The following articles were submitted:

August, 2001 **Christina Jenkins Howson:**

Christina Jenkins Howson was born in Chatham, Ontario in 1867. She co-founded the Black paper entitled Dawn of Tomorrow with her husband James F. Jenkins, in London, Ontario in 1923. She assumed full editorial responsibilities when her husband died in 1931. Howson's pos-ition as editor of such a highly successful Black paper was an incredible achievement for a women at that time. However, her aaccomplishments went far beyond her career as she was a devoted humanitarian, active in community and church affairs.

November, 2001 Excerpts from Round Table Discussion on Atrocities Against Women.

February, 2002 **Rose Fortune:**

This article was about Rose Fortune who came to Canada with her parents as Black Loyalists in 1763. They settled in Annapolis Royal. Rose was well known and respected in the area. She had her own cartage company carrying baggage from the local docks. In 1873, Rose also served as the first policewoman in Canada. Although this position was selfappointed, she imposed curfew on children which was upheld and supported. A fifth generation granddaughter of Rose Fortune, Dr. Daurene Lewis, followed her famous ancestor's lead by becoming the first Black woman in North America to be elected mayor.

ACTIVITIES:

Round Table Discussion (RTD):

The first Round Table Discussion organized by the Women's Committee was held on July 27, 2001. The topic was "Atrocities Against Women" and presented by Theo Briscoe and Esther Marks (Committee members). Areas discussed included Violence/Abuse e.g. physical, emotional, financial, rape, torture and female genital mutilation. Equity issues were also discussed e.g. lack of opportunity for some women for education, employment and promotion. The video "Violent Night" was shown as part of the presentation.

Persons' Day:

Members of the Committee celebrated Persons' Day on October 10, 2001, sponsored by Women's Intercultural Network (WIN). This event commemorates the Privy Council decision of October 18, 1929, which required the federal government to recognize women as

On October 26, 2001 the Committee hosted a forum on the Free Trade Areas of the Americas. The format was a panel presentation followed by a "town hall" style discussion. The panel included representatives from government, labour, business and women. The forum was well received. Feedback from the evaluations was positive. Participants reported a high level of satisfaction and that the session was educational and informative.

The Committee has been requested to host the forum again at a later date to a wider audience.

Film Presentation and Panel Discussion:

On November 23, 2001 the film "Journey to Justice" was presented. This excellent, enlightening, moving and powerful documentary pays tribute to those African-Canadian men and women who demanded change to discriminatory laws in Canada from the 1930's to the 1950's. The film focuses on their hardships and victories, e.g., they were denied service in taverns and restaurants. They gathered evidence against discrimination in housing and challenged Canada's immigration policy. They pressured the Ontario Government to uphold Fair Accommodation Practices laws, they organized the Black delegation which helped to ensure Fair Employment Practices in Ontario. They also played a significant role in reforming Canada's biased immigration policy.

The panel discussion which followed was lively with a high level of participation. Participants found the film challenging, educational and informative. We had an attendance of 57 persons; youth and children were also represented.

Special thanks to the Gleaner Company (NA) Inc. for sponsoring the event, and members of the Planning Committee which included representatives from Education, Fundraising and Women's Committees.

International Women's Day (IWD) Celebration:

The Women's Committee, in association with Women's Intercultural Network (WIN) celebrated IWD on March 7, 2002 at the JCA Community Centre. Guest speaker was Dr. Karen Mock, Executive Director, Canadian Race Relations Foundation. Dr. Mock gave a powerful and thought provoking presentation on Women, Human Rights and Peace. WIN presented its annual IWD awards. The Vara P. Singh award to Lucy Grigoriadis and the IWD award to Raheel Raza.

The JCA Women's Committee presented their third "Women Recognizing Women" programme. This year twenty JCA women received certificates of recognition for their significant contribution to the organization over the years. This was another successful event with 250 in attendance from diverse cultures.

WIN and the Women's Committee would like to thank the JCA Board. Building Committee, staff, membership, and the Canadian Human Rights Commission and all others who contributed to the success of this function.

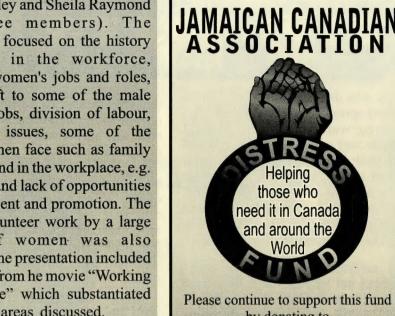
Women's Committee Rap Session/Round Table Discussion:

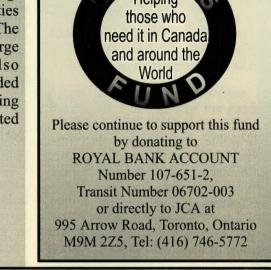
The second Round Table Discussion on Women and Work was held on April 5, 2002. The presenters were

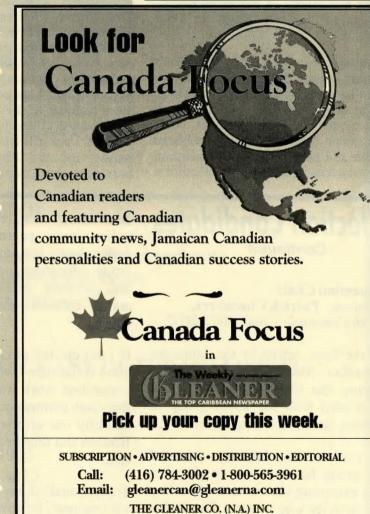
Daphne Bailey and Sheila Raymond (Committee members). The presentation focused on the history of women in the workforce, traditional women's jobs and roles, and the shift to some of the male dominated jobs, division of labour, pay equity issues, some of the barriers women face such as family constraints and in the workplace, e.g. harassment and lack of opportunities to advancement and promotion. The value of volunteer work by a large number of women was also discussed. The presentation included a video clip from he movie "Working Nine to Five" which substantiated some of the areas discussed.

Submitted by:

Pam Powell Chair, Women's Committee







1390 Eglinton Ave. West, Toronto, ON M6C 2E4

Winter was dispensed with on March 20th and spring arrived on March 21st, Due to our warmer than usual winter, I am quite sure many of you have stored away your winter apparel a little early but had to dig them back up because winter decided to cut into spring time. However, the first part of April gave us a taste of summer. I wish you a healthy and enjoyable summer when it comes.

As I comment on the recent warm weather I am writing this article from my hotel suite in Cuba, Valadara to be exact. Cuba is a very interesting country to visit, as the people are very friendly and co-exist rather peacefully. Crime is almost non-existent in Cuba. It was surprising to see the vast amount of old American cars still on the roads. Many of the cars date back to the 1950's and many of the older people still use a horse and buggy to run errands very similar to the late fifties in rural Jamaica.

I traveled to Cuba with the JCA's Seniors group. You should be aware that they are a very dynamic and active group of people. They are always on the move and going places. Last December they went on a Caribbean cruise and now Cuba, not to mention the local trips in between. Eula Smith is

these trips. She is very committed to

the seniors and all of her endeavors It's golf time again!! The JCA's annual have been successful. I would like to golf charity classic will be held on take this opportunity to

congratulate and thank Eula for her tireless effort and ment to the seniors group.

Let me now take Jamaica. believe that many of you ha-

ve got one or more savings accounts or term deposits set up at a bank in Jamaica.

What you may not be aware of is that the revenue department is holding on to twenty-five percent of the interest you earn. It is called 'withholding' tax. As a resident of Canada you should be paying only fifteen percent and if you are a resident of the United States or England the rate is twelve and a half percent. I am still waiting on a logical reason for the disparity in rates between these countries. In the

mean time, if this affects you and you would like to seek adjustment on your tax, you must write to the tax office in Kingston, Jamaica at 'Tax Office, 116 East Street, Kingston Jamaica.

Saturday August 17, 2002. The venue is Cardinal Golf Club, the same as last vear. Last year's tournament was an astounding success but we want to make this vear even better. You

can help by soliciting or donate a prize. If you wish to participate in the tournament please register early, as space is limit-

ed. This years launching will be held on Friday May 10th at the centre between 6:30 PM and 10:00 PM. At this time you can also register. We will need volunteers for the actual day of the tournament and ask that you call the centre for further information if you are interested.

Talk to you in a few months and once again have a safe and enjoyable summer.

Election Candidates

Continued

Education Chair Nominee: Patrick Chambers, Youth Committee Chair, 2001-2002

I have been active in the Jamaican Canadian Association since 1998. During that time I have only been associated with the youth group in various areas, including being chair.

Currently as the chair, the focus of the group has centered on planning and executing various activities. Our last activity was a career fair during the black history month. This was well received. We had over 200 stdents along with presenters from the Regards, police force, paramedics, aviation department, the army, medical fraternity, educators and journalism. We are currently planing our second annual cultural fashion show and dance.

If I am elected as chair of the education committee I will try to have this committee work more closely with the youth committee. The intent is to solidifiy our efforts to prevent duplication and thus become more effec-

Professionally I am educated as a Civil Engineer, however I am currently an entrepreneur both in construction and the financial industry.

Patrick Chambers Youth Affairs Committee Chair

**We are still looking for individuals to fill the Fundraising Chair, Youth Committee Chair and Executive Secretary positions. Elections are coming up soon. Please call the centre at 416-746-5772 for further information if you are interested in any of these positions.

GET INVLOVED - JCA LEADERSHIP **OPPORTUNTIES**

The Jamaican Canadian Association Nominating Committee is recruiting candidates to fill positions on the Board of Directors, at the JCA's Annual General Meeting to be held on May 26, 2002.

POSITIONS TO BE FILLED:

2002

- President
- •Executive Secretary
- •Education Committee Chairperson
- •Fundraising Committee
- Youth Affairs Committee

QUALLIFICATIONS NEEDED:

- •Must be a JCA member in good standing
- •Must have good time management skills
- •Must believe in the goals of the JCA
- •Must be a team player
- •Fundraising skills are desirable

BENEFITS AS A JCA BOARD MEMBER

- •The satisfaction of making a positive contribution to the community
- •Experience working in a vibrant community organization
- Meeting and working with different organizations

HOW DO I GET INVLOVED? CONTACT ANY OF THE FOLLOWING

•Vincent & Fay Conville (705)436-2750 •Byron & Vie Carter (905) 509-9128 •Sheila Raymond (905)712-4955 •Fred Irving (416) 425-8222

•JCA (416) 746-5772

LIFE LESSONS FROM BOOKS & MOVIES

Black Actor & Actress win Oscar....and it's about time By: Carol Plunkett

2002 was a remarkable year for Black Actors & Actresses in the Film industry. On March 24, 2002 Denzel Washington won Best Actor for the movie "Training Day", Halle Berry won Best Actress for the movie "Monster's Ball" and Sydney Poitier won a life time achievement award. Sidney Poitier was the only other Black actor to receive a Best Actor academy award in 1964 for the movie "Lilies of the Field", Halle Berry was the first black female actor ever to win an academy award.

There is speculation about the coincidence of all 3 coveted awards being given out to black actors this year, especially in the case of Denzel where many argue he should have received an Oscar years ago for his portrayal of Malcolm X. Many felt Denzel's role in Training Day portrayed blacks in an extremely negative light. If you want to form your own opinion, head down to your local video store and rent Malcolm X or Training Day. Although the subject matter in each film is entirely different, both films are equally entertaining....We must remember movies are purely entertainment and as blacks we can choose to either

perpetuate the sterotypes or ignore them. Ultimately.

these awards mark a turning point for blacks in the motion picture industry and will give hope to all future black Actors

and Actresses.

Book Review

Book: The Measure of a Man Author: Sydney Poitier Published: 2000

The 'Measure of a Man' is the detailed autobiography of renowned actor. Sidney Poitier. The book starts with Sidney Poitier in his humble beginnings on Cat Island in the Bahamas and then moves on to his celebrated life and acting career in America. The autobiography takes us on a detailed path of Poitier opening doors for black actors in Hollywood. Since launching his career in the forties, Poitier has taken the black performer away from typical subordinate roles and led them into leading roles. The book also covers Poitier's early financial woes and troubled personal life. Both experiences have given him strength and longevity in the entertainment business. Essentially, Poitier's life's journey has allowed him to write an eloquent biography where he can give critical insight as to what it takes to be successful in the movie business and how to measure ones overall success in

The book is a must read, and can be purchased at your local bookstore or reserved for pickup at your local library.





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ANNUAL GENERAL MEETING

Sunday May 26, 2002 2:00 pm

Jamaican Canadian Centre 995 Arrow Road

For further information call JCA at (416) 746-5772

JCA's web page/address - Web Site: www.jcassoc.com • E-mail: info@jcassoc.com

SENIORS CLUB



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This dish is absolutely sensational, fresh shrimp is best.

2 doz. fresh shrimps, shelled, deveined, and washed with lime and water

3 tablespoons butter or margarine

3 cloves garlic, chopped

1 small onion, chopped

1 small ripe papaya, peeled, diced, seeds removed

½ teaspoon thyme leaves Black pepper to taste 1. In a skillet sauté the garlic and onion in 2 tablespoons of butter or margarine until the garlic is brown and the onion limp. 2. Add the papaya and thyme leaves, stir gently.
3. Simmer until papaya is heated through. 4. Remove the papaya mixture from the skillet and set aside in a dish. 5. Heat he remaining tablespoon of butter or margarine in the skillet and sauté the shrimp until they are pink. 6. Return the papaya

Serve over hot rice or noodles.

Simmer for another 2 minutes.

Sprinkle with black pepper.

mixture to the skillet, lower heat,

and gently combine the ingredients.

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JCA

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details on celebrations

throughout 2002

THE JCA RAFFLE IS BACK IN 2002 MARK THESE DATES ON YOUR CALENDAR RAFFLE LAUNCH FRIDAY, MARCH 1, 2002 RAFFLE DRAW SATURDAY, SEPTEMBER 7, 2002

UPCOMING EVENTS

EVENT	DATE	TIME	LOCATION
Mothers Day Brunch	Sun. May 12	2:00pm	JCA Centre
Annual General Meeting	Sun. May 26	2:00pm	JCA Centre
Seniors One Day Trip	Thurs June 20	Bus leaves JCA at 8:00 am	Stoney Creek
JCA's Annual Outing/ Picnic	Sun. July 14	Bus leaves JCA at 9:00 am. Price Chopper, Dixie & Dundas, Miss. 9:30 am.	Niagra Glen
Seniors One Day Trip	Sat. July 20	Bus leaves JCA at 8:00 am	Uncle Tom's Cabin
Flag raising Ceremony	Sun. Aug. 4	2:00pm	City Hall 2 nd floor Podium
JCA's Community Open House	Mon. Aug. 5	10:00am 10:00pm	JCA Centre

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BULLDING SOCIETY

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